

10 resolutions for new teachers

1. Don't take on too much

Always give 100 per cent but not necessarily all at the same time: spread yourself to last the week and term. Work smarter, not harder.



2. Connect the dots

Every teacher benefits from the wisdom of others. Use your colleagues as sounding boards and critical friends.



3. Follow five

Twitter is fertile ground for expanding your personal and professional learning network. Commit to following five new educators every week.



4. Do your marking 'live'

Marking doesn't have to be an endless pile of books. Where possible, give verbal feedback and offer diagnostic comments to pupils.



5. Take some risks

Teachers who take risks will grow; those who don't will stagnate. Be prepared to try new ways of working and make mistakes!



6. Don't jump on bandwagons

When searching for ways to help your pupils make progress, don't gravitate towards the noise. Some education 'gems' are too good to be true.



7. Look after yourself

Manage your time, set boundaries and ensure you take time away from your work.



8. Let it go

Not everything will go according to plan. Let frustration find its way out or it will eat away at you.



9. Accept that you are good enough

Give yourself time to grow into what you are doing. Your ability to learn is limitless.



10. Be realistic

Plan ahead, but not too far. Go day by day, week by week, and reward yourself for each milestone. Teaching isn't a sprint!



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